



UNIVERSITY OF DESTRUCTION STUDY GUIDE

YOUR GAME PLAN FOR SPIRITUAL VICTORY ON CAMPUS

Chapter 1: Ready? Set? *Transition!*

1. As many as _____ percent of Christian students _____ they have lost their faith after four years in college.
2. What is the primary reason college is such a minefield for Christian students?
3. "Transition" means to _____ from one place or state of existence to another.
4. Name three ways life at college is different than life at home.
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Matthew 7:13-14 says, "Enter by the narrow gate; for wide is the gate and broad is the way that leads to destruction, and there are many who go in by it. Because narrow is the gate and difficult is the way which leads to life, and there are few who find it."

5. What are the two destinations and what do they each represent?

D _____ represents h _____.

L _____ represents h _____.

6. Describe the entrance, the way, and the number of people leading to each destination?

DESTRUCTION

Entrance: _____

Way: _____

People: _____

LIFE

Entrance: _____

Way: _____

People: _____

7. *How do these two ways characterize life in college?*

8. *Fill in the blanks and then list three negative and three positive results of the following principle:*

When you choose the _____ of the way in college, you are choosing the _____ of the way later on.

Negative results of a traumatic transition:

Positive results of a tremendous transition:

9. *Fill in the blanks to relate what Proverbs 23:7 means, "For as he thinks in his heart, so is he."*

A _____ becomes an _____ becomes a _____ becomes your destiny (or character).

Extra Credit:

Look at the graph in the back of the book. Research and name a sample college or two representing each type of institution.

Public University:

Private University:

Public Four-Year College:

Nonsectarian College:

Catholic College:

Protestant College:

Historically Black College:

Council for Christian College and Universities:



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Chapter 2: Who Shall Overcome?

1. *Daniel faced a difficult transition going from Jerusalem to Babylon. What commitment did Daniel make upon his arrival in Babylon?*
2. *How will the right mindset help you upon entering college?*
3. *What do you think about each of the following?*

College:

God:

The Bible:

Sin:

Sex:

Alcohol:

Humanism:

Friends:

4. *What are the three types of professing Christian students on campus?*

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-
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5. *Fill in the blank with the type of professing Christian student.*

_____ : A professing Christian who may have some desire to overcome the Pillars of Peril, but more often than not succumbs to them.

_____ : A professing Christian who overcomes the three Pillars of Peril with the supernatural resources God provides—the Word of God, the indwelling Spirit of God, and prayer to God.

_____ : A professing Christian who succumbs to the Pillars of Peril on a regular basis and doesn't see the problem with that.

6. *Compare your responses in question 3 to the responses of the Overcomer, Compromiser, and Pretender on pages 21-24 of University of Destruction. Being honest with yourself, which type of professing Christian do your thoughts most resemble right now?*

7. *Why is it possible to change from Compromiser or Pretender to Overcomer?*

Because _____ is the _____ of _____ lives!

8. *Even if you aren't one right now, have you "purposed in your heart" that you want to be an Overcomer in college?*



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Chapter 3: Meet the Pillars of Peril

1. “No _____ has overtaken you except such as is _____ to man”
(1 Corinthians 10:13).

2. Why is this comforting to understand in college?

3. Name three positive opportunities college offers (also known as the Pillars of **Promise**).

E _____ in a variety of subjects.

M _____ from boy to man or girl to woman.

P _____ for a future career.

4. Name the three Pillars of **Peril** and list several examples of each.

S _____.

Examples:

D _____ & **A** _____.

Examples:

H _____.

Examples:

5. *Why has Satan always used these three categories of temptation?*
6. *Secular and/or religious humanism is a battle for your _____ or w_____.*
7. *Secular humanism prioritizes the ideas and desires of _____ rather than _____.*
8. *Religious humanism results from a l_____ or erroneous interpretation of Scripture.*
9. *How does rebellion against God and rejection of the Bible lead to humanism?*
10. *Succumbing to the Pillars of Peril is otherwise known as _____.*
11. *What is Satan's desire for you and what verse proves this?*
12. *Read Galatians 6:7- 8. What does the principle of "reaping and sowing" mean?*
13. *If you have ever **fallen** to any of the various aspects of the Pillars of Peril, think about or jot down the physical, emotional, or spiritual consequences you suffered.*
14. *If you have **overcome** the various aspects of the Pillars of Peril, think about or jot down the physical, emotional, and spiritual benefits you received.*



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Chapter 4: Professors vs. Possessors

1. Explain the following: *“All Possessors are Professors, but not all Professors are Possessors.”*
2. What are the two possible reasons Christian students say they lose their faith after four years in college?
3. You must first be a _____ to be an _____ in college.
4. After **“examining yourself to see whether you are in the faith”** on pages 34-36 of University of Destruction, are you a Professor or a Possessor?
5. For a Possessor, habitual _____ is not the recurring pattern of his/her life.
6. To repent means to have a c_____ of m_____ about your sin.
7. Explain in detail what the “good news” or “gospel” is.
8. Jesus said simply in **Mark 1:15**, **“Repent and believe in the gospel.”**
Describe precisely how one becomes a Possessor of a saving faith?

9. *Have you repented of your sin and believed in Jesus Christ as your Savior and committed to follow Him as your Lord?*
10. *Does being baptized or confirmed, going to church, reading the Bible, having Christian parents, giving to charity, saying you're a Christian, or being an all-around good person make you justified before God? Why or why not?*
11. *Faith j _____, good deeds e _____.*
12. *Since there is no sin in heaven, on what basis does God receive believers there?*
HINT: READ 2 CORINTHIANS 5:21.
13. *What do Possessors actually possess that enables them to be Overcomers and why is this so powerful?* HINT: READ ROMANS 8:11
14. *The indwelling _____ teaches and reminds the Possessor;*
It's up to that individual to _____ and _____.
15. *A balance of _____ and _____ God is the best motivation to overcoming the three Pillars of Peril and living a life that glorifies God.*
16. *Why will gaining a fear of the Lord help you be an Overcomer?*
17. *Why will increasing your love for God help you be an Overcomer?*
- 18: *How can you develop a greater love and fear of God?*



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Chapter 5: The First Pillar of Peril—Sex

1. *What is God's design for sexual purity? Write down a verse that states it.*
2. *List many ways sexual impurity is manifested.*
3. *Think about which of these manifestations are particularly tempting to you and detail your plan for overcoming them.*
4. *God commands us to be morally pure in both our _____ and _____. Are you an Overcomer in these two areas? If not, what do you need to change?*
5. *The mental craving for impure sex is called _____. What passage of the Bible equates this sinful craving with adultery?*
6. *Complete the pattern for how moral impurity always occurs: a _____ becomes a _____ becomes an _____.*
7. *Satan always shows the attractive beginning of the way of sexual immorality, but never the bitter end. In other words, there is _____ in moral impurity, but only for a _____. From what verse does this principle come?*
8. *Explain the reasons why Joseph overcame sexual temptation while King David was overcome by it?*

9. *What was Joseph's motivation for being sexually pure and how does it compare or contrast with your motivation?*
10. *How can an _____ help you keep your commitment to moral purity? Who is going to be yours?*
11. *If you struggle with lust, from what must you guard your eyes?*
12. *To guard your thoughts from turning into lust, you must _____ the temptation, and immediately _____ it with a verse of Scripture. Write out two passages of Scripture you plan to memorize and use.*
13. *List some potential scenarios that you should avoid in order to "make no provision for your flesh."*
14. *Sexual immorality is one temptation that God wants us to _____ rather than face. Why?*
15. *What does it mean to dress with discretion and to what part of our body should our clothes direct attention?*
16. *If you are currently succumbing to sexual immorality in thought or action, what are the biblical steps you must take to be an Overcomer?*



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Chapter 6: The Dating Game

1. *How does the dating game condition people for d_____?*
2. *Rather than just companionship or pleasure, what should the primary purpose of divine dating be?*
3. *When is the best time to discern someone's worthiness to date? Why?*
4. *List important criteria to consider about a person before getting involved in a dating relationship. How would you rate your girlfriend or boyfriend or someone you are interested in with each criterion?*
5. *Why is it important to date only other Christians and what verses support this?*
6. *The _____ of purity is important in a dating relationship because of whose reputation?*

7. *Name specific situations that should be avoided when you are with the opposite sex?*

8. *“Everything except sexual intercourse is okay.” Why is this statement false?*

9. *Before getting married, from whom should you seek input and approval? Why is this important, even if they’re not Christians?*

10. *If you are currently involved in an “unequally yoked” or detrimental dating relationship, write down a plan for ending it.*

11. *What does “triangulate” mean and write some specific ways to do so when you’re dating?*

12. *What are the five keys to making dating divine?*



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Chapter 7: The Second Pillar of Peril—Drugs and Alcohol

1. *According to government statistics, 1400 students die every year due to alcohol related causes. Aside from death, name several other consequences of drunkenness or drug use?*

2. *To what other Pillar of Peril does alcohol or drug use often lead and why?*

3. *A Christian can either be controlled by I _____ s _____ or the _____, but not both. Write out the verse that states this.*

4. *List a couple reasons why students drink alcohol or take drugs.*

5. *Far too many students think that “f _____” can only occur when they drink alcohol or use drugs.*



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Chapter 8: Under the Influence of...Music

1. *Briefly describe how music relates to the second and third Pillars of Peril.*
2. *Explain how music has a moral aspect to it. Do you know a song or group that exemplifies this?*
3. *Why is it important that you choose to listen to the right kind of music?*
4. *At a fundamental level, what are the two parts of music?*
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 -
5. *Why is music more influential and powerful than words alone?*
6. *Why do most non-Christian musicians produce non-redeeming music (i.e. spiritually unprofitable), and why do you think it's so popular?*

7. "If a song has Christian lyrics or the group says they are Christians then the music must be okay." True or false?
8. "The sound or _____ of music doesn't matter; it only matters if the words or lyrics are good." Why is this conclusion wrong and spiritually dangerous?

9. In Ephesians 5:18-19, the Bible mentions three types of redemptive music: _____, _____, and _____.

Describe each of these types of music.

P_____:

H_____:

S_____ **S**_____:

10. Does all the music you choose to listen to fit into one of these categories? If not, which doesn't, and what are you going to do about it?

11. How can you give a song with Christian lyrics a "spiritual sound check?"

13. Music should direct your attention primarily towards _____, not yourself.



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Chapter 9: The Third Pillar of Peril—Humanism

1. Define the two basic types of humanism.

S_____ humanism:

R_____ humanism:

2. Why does _____ against God and _____ of His Word result in humanism?

3. What is a “worldview” and why is the battle for yours so important?

4. What is the underlying motivation of some humanistic professors?

5. What method do humanistic professors use to influence your thinking?

6. The Bible claims to be i_____ by God and absolute t_____. Even more, nothing in the Bible has EVER been proven false; therefore, any philosophy or idea that contradicts the teaching of Scripture is a l_____.

7. Why is accepting a lie, even unknowingly, so destructive?

8. Write down three common secular humanistic lies and the corresponding biblical truth?

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9. Write down three common religious humanistic lies and the corresponding biblical truth?

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-
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10. Humanistic lies can sound good and be difficult to detect. What is the best way to recognize them?

11. What are your two options when presented with a humanistic lie in class?

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12. Define and give an example of the following strains of humanism that are popular on campus today.

Hedonism:

Post-modernism:

Nihilism:

Scientific naturalism:

Pluralism:

Extra Credit: Write down reasons why macro-evolution and the Big Bang theory are indefensible?



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Chapter 10: The Game Plan – Spiritual GPA

1. *Why is being able to execute the fundamentals of a chosen endeavor so important, whether it be math, sports, music, medicine, etc.?*

2. *The fundamental elements of your faith make up your “spiritual GPA.” What does spiritual GPA stand for?*

Interaction with _____.

Interaction with your _____.

Interaction with your _____.

3. *In the grand scheme of life and eternity, explain why improving your _____ GPA is even more important than achieving a high _____ GPA.*

4. *What is one character quality that is required to raise your spiritual GPA? Write a definition of it.*

5. *Philippians 2:13 explains how the indwelling Holy Spirit helps the Possessor in what two ways to do God’s will?*

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6. *If college is like a four-year marathon, what should you do before starting the “race?” Are you committed to doing it?*



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Chapter 10: The Game Plan—Interaction with God

1. Explain what “relating” and “renewing” mean as they pertain to interacting with God?

2. How does God communicate to us?

3. How do we communicate to God?

4. Who mediates the communication?

5. How do you “renew” your mind and why is it important? Verse?

6. What are the three supernatural resources of an Overcomer?
 - The W_____ of God.
 - The S_____ of God.
 - P_____ to God.

7. Why is daily _____ with _____ one of the most important commitments you can make in life?

8. Detail a four step plan that will help you draw near to God in prayer.
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8. *What do you need to change in your daily routine in order to start reading the Bible everyday...even for five minutes?*
9. *What are your options if you don't understand a portion of Scripture?*
10. *Why is memorization and meditation on Scripture so important? Write down four verses you plan to memorize in the next month.*
- -
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11. *You can listen to and download messages from many excellent Bible teachers at www._____.com.*
12. *Give a few examples why you need to interact with God everyday in college?*
13. *What should you do and which verse should you remind yourself of when you don't feel like reading the Word?*
14. *There are a few seemingly "unanswerable" questions in the Bible. How should you deal with them?*



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Chapter 10: The Game Plan Interaction with Your Peers

1. “You _____ like the people you’re _____.” Write out a verse that supports this statement?

2. What are the different levels of friendship and what determines the depth or level of a friendship?
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3. Why is d_____ or spiritual perception important as you interact with your peers?

4. You must know how to _____ your friendships in college rather than just falling into them.

5. For a Possessor, your close friends should be other _____. These are called _____ friendships. What verses support this?

6. Name three reasons why we get involved in detrimental friendships?
 -
 -
 -

7. It takes _____ and _____ to discern potential friendships.
8. Fill in the blank and then briefly explain the three aspects of “careful consideration?”
- What are their _____?
 - What are their _____?
 - Who are their _____?
9. List how you rated five of your current friends in the friendship test on pages 128-129. What do you need to do to regulate each friendship?
10. Why is the following question important to answer with every friendship: “Who is _____ what to whom?”
11. Write out ways you can maintain a casual friendship with an unbeliever without it turning into a detrimental friendship?
12. Have you called ahead or gone to www.collegewalk.com to contact a Christian group on your campus? Which one seems best?
13. What solid Bible-teaching church are you going to attend in college?



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Chapter 10A: The Game Plan Interaction with Your Authorities

1. Why does unrestricted "freedom" actually lead to _____? Give an example of how you've seen this manifested.

2. How is rebellion against authority related to pride?

3. List the four types of God-ordained authorities, a corresponding verse, and how specifically you plan to interact with them in college:

P _____
Verse:

How I will interact with them on campus:

C _____
Verse:

How I will interact with them on campus:

G _____ (or civil).
Verse:

How I will interact with them on campus:

E _____ (or teachers).
Verse:

How I will interact with them on campus:

4. Give a couple reasons why God has designed a structure of human authority.

5. Describe your current level of respect, honor, submission, and obedience to your authorities and how you can improve.

6. What is the difference between “counsel” and “command”? What should you do if you disagree with the counsel or command of one of your authorities?

7. What is the one clear exception for not obeying a command of your authorities? Give an example for both a parent to a son/daughter and a teacher to a student.

8. Instead of resenting authority, wise Christians use them for _____ and _____ in life.

9. Are you committed to finding an older Christian couple, perhaps through your church or Christian campus group, who can help mentor you in college?

10. Write down an example in your life when you’ve o_____ your authority without necessarily u_____ the bigger picture at the time. Are you glad you did?



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Chapter 11: Down, but Not Out

1. *What is the difference between an Overcomer and a Compromiser or Pretender as it pertains to staying away from and dealing with sin?*

2. *What is the Overcomer's plan for overcoming sin? Overcomers...*

C _____
C _____
C _____
C _____

3. *What does it mean to "compete" for holiness in your life?*

4. *The Pleasure Principle for Possessor's means enjoying yourself in college, yet without _____ in the process. Why do you think for many students that "fun" must include sin (e.g. drunkenness, sexual immorality)?*

5. *List several activities you consider fun, but that won't offend God?*

6. *What does it mean to have a “fear of the Lord?” As you read the book of Proverbs, write three benefits of having a fear of the Lord.*
- -
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7. *What should you immediately do when you sin and why?*
8. *What is the right way to ask forgiveness of those you’ve offended? The wrong way?*
9. *If you feel convicted about something you’ve said or done, how can you know whether the Holy Spirit is convicting you or Satan is condemning you?*
10. *What does it mean to repent? How does it relate to the confession of sin?*
11. *Why can’t non-Possessors have consistent victory over sin?*
12. *If you have confessed your sin and changed your ways to avoid it again, what does God want you to do now and why?*



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Chapter 12: Choosing a College—State or Saint

1. *List your post-high school graduation options.*
2. *If you decide to go to college, what should your spiritual and academic objectives be?*
Spiritual:

Academic:
3. *What is your spiritual GPA rating? _____. Write your plan to improve it.*
4. *What is your academic purpose rating? _____. How can you improve it?*
5. *What are some advantages of the home/work option?*
6. *If you choose the home/work option, in which career field(s) would you like to apprentice or work?*

7. *What are five things you will learn and experience serving in the military that you won't in college?*
- -
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8. *Explain the key differences between a biblical and a liberal Christian college?*
9. *How can you find out if a Christian college is sound biblically?*
10. *What are some potential challenges at Christian colleges?*
11. *Generally speaking, the more _____ a college, the more _____ it will be. Why do you think this is true?*
12. *Why is a secular college a good choice for some Overcomers?*
13. *List three ways to lessen the potentially negative impact of a secular college?*
- -
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14. *How should you choose your post-high school option?*
15. *Considering your own spiritual GPA and academic purpose, what would be a good "match-up" for you? A bad match-up?*



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Conclusion: Your Overcomer Story

1. *Summarize the obstacles you are going to face on campus and why it's important to be an Overcomer.*

2. *Summarize your biblical plan for being an Overcomer in college.*

3. *Write your personal story of how you became a possessor of a saving faith in Jesus Christ.*

Extra Credit: *Email a short note to David Wheaton, the author of University of Destruction, telling him your feedback on the book and how it helped you be an Overcomer in college.*

David's email: david@davidwheaton.com